

Full Report (All Nutrients) 45172145, BIG Y, MAPLE DONUTS, UPC: 018894462439

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Big Y Foods, Inc.

Nutrient	Unit	Data points	Std. Error	1 DONUT 66g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	290	439
Protein	g	--	--	3.00	4.55
Total lipid (fat)	g	--	--	15.00	22.73
Carbohydrate, by difference	g	--	--	35.00	53.03
Fiber, total dietary	g	--	--	1.0	1.5
Sugars, total	g	--	--	22.00	33.33
Minerals					
Calcium, Ca	mg	--	--	40	61
Iron, Fe	mg	--	--	1.08	1.64
Sodium, Na	mg	--	--	210	318
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	5.003	7.580
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients
SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, VEGETABLE SHORTENING (PALM AND FRACTIONATED PALM OIL, CANOLA OIL, TBHQ PRESERVATIVE, DIMETHYLPOLYSILOXANE), DEFATTED SOY FLOUR, VEGETABLE SHORTENING (SOYBEAN OIL, GLYCERYL-LACTO ESTERS OF FATTY ACIDS, MONO- AND DIGLYCERIDES, TBHQ PRESERVATIVE), DEXTROSE, MAPLE SYRUP, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SOYBEAN OIL, COTTONSEED OIL, SOY LECITHIN), LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM

PHOSPHATE), SALT, CORN STARCH, WHEAT STARCH, WHEAT GLUTEN, MONO- AND DIGLYCERIDES, DEPROTEINIZED WHEY, WHEAT FLOUR, SOYBEAN OIL, SOY LECITHIN, YELLOW CORN FLOUR, EGG WHITES, TOASTED WHEAT GERM, MILK PROTEIN CONCENTRATE, NATURAL AND ARTIFICIAL FLAVORS, GUAR GUM, CALCIUM CARBONATE, CARAMEL COLOR, SODIUM PROPIONATE PRESERVATIVE, AGAR-AGAR, KARAYA GUM, PROPYLENE GLYCOL, COLOR ADDED, ENZYMES, MODIFIED CELLULOSE GUM. *Date Available:* 10/08/2016 *Date Last Updated by Company:* 10/08/2016